

Dangers of Unacknowledged Dependency: For Therapists

- Developing friendships with clients
- Exploiting clients for our own unacknowledged needs
- Blurring the boundaries of a professional relationship
- Failing to manage other relational dynamics, such as sexual attraction, intimacy
- Confusing clients' needs with our own
- Having unrealistic or inappropriate expectations of clients and of their 'commitment' to us as their therapist.